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| 1 | 1 | 488 | Poffé Chiel | | De Bosrand | M | 0:28:49 | |
| 2 | 2 | 625 | segers davy | glabbeek | - | M | 0:28:50 | 1977 |
| 3 | 3 | 489 | Van den Bempt Hans | | De Bosrand | M | 0:30:33 | |
| 4 | 4 | 485 | Kerremans Sven | | De Bosrand | M | 0:30:57 | |
| 5 | 5 | 509 | De Vis Jeroen | Diest | DCLA-Halen | M | 0:31:06 | 1993 |
| 6 | 6 | 652 | Joosten Yannick | Neerpelt | - | M | 0:31:35 | 1994 |
| 7 | 7 | 626 | santermans jeroen | borgloon | - | M | 0:31:48 | 1977 |
| 8 | 8 | 602 | verhelst jens magnus | tielt | - | M | 0:32:29 | 2001 |
| 9 | 9 | 525 | Hoskens Benny | Tessenderlo | Rikske | M | 0:32:41 | 1965 |
| 10 | 10 | 671 | Corten Jimmy | Herselt | - | M | 0:33:13 | 1981 |
| 11 | 11 | 613 | Raskin Lode | Diepenbeek | - | M | 0:33:29 | 1969 |
| 12 | 12 | 735 | Achten Filip | | - | M | 0:33:44 | 1982 |
| 13 | 13 | 630 | Vanbrabant Kim | Veerle | - | M | 0:34:09 | 1981 |
| 14 | 14 | 614 | Vandenberk Bart | Tessenderlo | - | M | 0:34:16 | 1979 |
| 15 | 15 | 615 | Molenberghs Xander | Olen | - | M | 0:34:18 | 1988 |
| 16 | 16 | 616 | Pitteviels Luc | Testelt | - | M | 0:34:41 | 1952 |
| 17 | 17 | 594 | cools juan | laakdal | - | M | 0:34:55 | 1969 |
| 18 | 18 | 673 | Rems Geert | Tielt-Winge | - | M | 0:35:06 | 1969 |
| 19 | 19 | 722 | Versweyveld Ronald | Tessenderlo | - | M | 0:35:21 | 1984 |
| 20 | 20 | 697 | Saeren Chrion | Laakdal | - | M | 0:35:23 | 1990 |
| 21 | 21 | 700 | Wouters Hans | Veerle | - | M | 0:35:45 | 1975 |
| 22 | 22 | 531 | Mertens Gert | Olen | - | M | 0:35:57 | 1970 |
| 23 | 23 | 709 | Vandyck Ludo | | - | M | 0:36:00 | 1962 |
| 24 | 24 | 491 | Heylen Patrick | Laakdal | De Bosvrienden | M | 0:36:09 | 1960 |
| 25 | 25 | 662 | Vanhoof Erik | | - | M | 0:36:15 | |
| 26 | 26 | 521 | Peeters Rudy | Tessenderlo | Rikske | M | 0:36:39 | 1964 |
| 27 | 27 | 678 | Kerckhoven Benny | Zonhoven | - | M | 0:36:59 | 1978 |
| 28 | 28 | 563 | Mennes Gert | Laakdal | De Bosvrienden | M | 0:36:59 | 1971 |
| 29 | 29 | 608 | Everaerts Tim | Ranst | - | M | 0:37:06 | 1978 |
| 30 | 30 | 451 | Van Genechten Jelle | Tessenderlo | Looise AV | M | 0:37:10 | 1993 |
| 31 | 31 | 726 | Gybels Eddy | Begijnendijk | - | M | 0:37:11 | 1966 |
| 32 | 32 | 663 | Van den Broeck Jelle | Laakdal | - | M | 0:37:16 | 1983 |
| 33 | 33 | 670 | Van Cauwenberghe peter | Heusden-Zolder | - | m | 0:37:22 | 1983 |
| 34 | 34 | 481 | Van Dooren Matthijs | Tessenderlo | - | M | 0:37:26 | 2001 |
| 35 | 35 | 526 | Nevelsteen Staf | Booischoot | AVZK | M | 0:37:32 | 1955 |
| 36 | 36 | 612 | Hoefkens Chris | Booischoot | - | M | 0:37:33 | 1966 |
| 37 | 37 | 754 | Nijs Ward | Tessenderlo | - | M | 0:37:49 | 1979 |
| 38 | 1 | 609 | Moeremans Sarah | Mol | - | V | 0:38:02 | 1979 |
| 39 | 38 | 771 | Sannen Nico | Mol | - | M | 0:38:22 | 1974 |
| 40 | 39 | 548 | Das Ronald | | Frieslandcampina | M | 0:38:26 | |
| 41 | 40 | 696 | Kerremans Ruben | Laakdal | - | M | 0:38:29 | 1990 |
| 42 | 2 | 765 | Van De Gaer Sabine | Tienen | - | V | 0:38:42 | 1972 |
| 43 | 41 | 564 | Ghoos Jos | Laakdal | De Bosvrienden | M | 0:38:47 | |
| 44 | 42 | 651 | Aerts Tom | Tessenderlo | - | M | 0:38:55 | 1976 |
| 45 | 43 | 758 | Wuyts Peter | Geel | - | M | 0:38:57 | 1969 |
| 46 | 44 | 659 | Joosten Ruben | Tessenderlo | - | M | 0:39:05 | 1983 |
| 47 | 45 | 699 | Burdly sven | Waanrode | - | m | 0:39:07 | 1971 |
| 48 | 46 | 705 | Severens Herman | Langdorp | - | M | 0:39:13 | 1966 |
| 49 | 47 | 592 | peeters lloyd | ham | - | M | 0:39:15 | 1982 |
| 50 | 48 | 713 | Beerten Didier | Koersel | - | m | 0:39:35 | 1982 |
| 51 | 49 | 510 | Vermeulen Eddy | Westerlo | Rikske | M | 0:39:37 | 1957 |
| 52 | 3 | 627 | keimes liesbet | borgloon | - | V | 0:39:37 | 1977 |



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| 53 | 50 | 457 | Vandervelden Giel | | Optima BBC | M | 0:39:38 | 1997 |
| 54 | 51 | 650 | Broeckx Peter | Mol | - | M | 0:39:45 | 1972 |
| 55 | 52 | 493 | Leysen Koen | Laakdal | De Bosvrienden | M | 0:39:58 | 1959 |
| 56 | 53 | 692 | Vandeweyer Niels | Diepenbeek | - | M | 0:40:02 | 1997 |
| 57 | 4 | 769 | Raeymaekers Chantal | | - | V | 0:40:04 | 1966 |
| 58 | 54 | 620 | bak kristof | aarschot | - | M | 0:40:10 | 1978 |
| 59 | 55 | 640 | Deferm Kris | Lummen | - | M | 0:40:14 | 1978 |
| 60 | 56 | 654 | Vanlommel Chris | Tessenderlo | - | M | 0:40:15 | 1961 |
| 61 | 5 | 707 | Engelen ilse | Hechtel | - | V | 0:40:16 | 1972 |
| 62 | 6 | 480 | Mertens Ingrid | Tessenderlo | - | V | 0:40:19 | 1971 |
| 63 | 57 | 529 | Camps Jan | Tessenderlo | - | M | 0:40:21 | 1986 |
| 64 | 58 | 645 | Vermeulen Ludo | Hasselt | - | M | 0:40:24 | 1955 |
| 65 | 59 | 701 | Henderix Kris | Testelt | - | M | 0:40:26 | 1973 |
| 66 | 60 | 540 | Valgaerts Marc | Hofstade | - | M | 0:40:31 | 1960 |
| 67 | 61 | 660 | Claes Bart | Testelt | - | M | 0:40:33 | 1975 |
| 68 | 62 | 656 | Soetemans Bart | Vosseem | - | M | 0:40:34 | 1970 |
| 69 | 63 | 596 | vanwetswinkel tim | lummen | - | M | 0:40:37 | 1981 |
| 70 | 64 | 506 | Maes Stijn | Kuringen | - | M | 0:40:44 | 1992 |
| 71 | 65 | 766 | Cuyper Kristof | Tessenderlo | - | M | 0:40:46 | 1983 |
| 72 | 66 | 621 | rayski martin | leuven | - | M | 0:40:50 | 1975 |
| 73 | 7 | 727 | Janssen Veerle | Balen | - | V | 0:40:50 | 1982 |
| 74 | 67 | 486 | Rens Yenthe | | De Bosrand | M | 0:40:55 | |
| 75 | 68 | 530 | Moons Hugo | Koningshooikt | - | M | 0:40:57 | 1957 |
| 76 | 69 | 648 | Geerts Ronny | Tessenderlo | - | M | 0:41:00 | 1960 |
| 77 | 8 | 512 | Hendrickx Frieda | Hamont-Achel | Rikske | V | 0:41:05 | 1953 |
| 78 | 9 | 578 | Coomans Liliane | Tessenderlo | Looise | V | 0:41:09 | 1964 |
| 79 | 70 | 724 | Geerinckx Frans | Balen | - | M | 0:41:10 | 1968 |
| 80 | 71 | 702 | Van Oosterwijck Ludo | Testelt | - | M | 0:41:15 | 1962 |
| 81 | 72 | 546 | Bierwaerts Daan | | Frieslandcampina | M | 0:41:25 | |
| 82 | 73 | 528 | Eestermans Leo | Berlaar | - | M | 0:41:26 | 1952 |
| 83 | 74 | 541 | Torremans Jos | Vosselaar | - | M | 0:41:29 | 1955 |
| 84 | 75 | 475 | Brabants Patrick | Tessenderlo | De Bosvrienden | M | 0:41:37 | 1963 |
| 85 | 76 | 585 | Feyen Steven | Tessenderlo | Frieslandcampina | M | 0:41:39 | 1973 |
| 86 | 77 | 683 | Kerckhoven Pascal | Zonhoven | - | M | 0:41:45 | 1980 |
| 87 | 78 | 679 | Kerckhoven Raf | Zonhoven | - | M | 0:41:45 | 1985 |
| 88 | 79 | 634 | Vangeneugden Jochen | Balen | - | M | 0:41:52 | 1976 |
| 89 | 80 | 772 | Kiesekoms Yves | Rillaar | - | M | 0:41:52 | 1974 |
| 90 | 81 | 617 | Thys Bart | Tessenderlo | - | M | 0:41:58 | 1985 |
| 91 | 82 | 745 | Vervoort Kris | Herentals | - | M | 0:41:58 | 1962 |
| 92 | 83 | 706 | Heemskerk Cornelius | Lanaken | - | M | 0:42:01 | 1956 |
| 93 | 84 | 628 | Wendrix Michael | Halen Zelem | - | M | 0:42:04 | 1991 |
| 94 | 85 | 681 | Huijs Willem | Aarschot | - | M | 0:42:04 | 1968 |
| 95 | 86 | 490 | Van Dooren Jonas | Tessenderlo | - | M | 0:42:07 | 2000 |
| 96 | 87 | 753 | Maes Kristof | Eindhout | - | M | 0:42:09 | 1977 |
| 97 | 88 | 544 | Vanhove Bert | Keerbergen | GESHAA | M | 0:42:12 | 1963 |
| 98 | 89 | 685 | Schepers Toon | Tessenderlo | - | M | 0:42:14 | 2003 |
| 99 | 10 | 693 | Schroven Hilde | Ham | - | V | 0:42:15 | 1975 |
| 100 | 90 | 582 | Luyts Emiel | Winksele | Kapsalon Luc | M | 0:42:16 | 1959 |
| 101 | 91 | 688 | Kerkhofs Johan | Eksel | - | M | 0:42:20 | 1962 |
| 102 | 92 | 733 | Taens Maxime | leopoldsbuurg | - | M | 0:42:21 | 1988 |
| 103 | 93 | 642 | Pollet Wim | Drieslinter | - | M | 0:42:25 | 1976 |
| 104 | 11 | 718 | Dekien Nele | Dessel | - | V | 0:42:25 | 1975 |



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| 105 | 94 | 598 | vanwetswinkel bjorn | engsbergen | - | M | 0:42:26 | 1977 |
| 106 | 95 | 453 | Dusart Michiel | | Optima BBC | M | 0:42:31 | 1984 |
| 107 | 96 | 545 | Houbrechts Tom | | Frieslandcampina | M | 0:42:32 | |
| 108 | 97 | 672 | Cools Leo | Tessenderlo | - | M | 0:42:33 | 1957 |
| 109 | 98 | 761 | Storms Alex | Glabbek | - | M | 0:42:39 | 1963 |
| 110 | 99 | 649 | Watté Piet | Aarschot | - | M | 0:42:40 | 1966 |
| 111 | 100 | 590 | Liefsoens Dirk | Lummen | - | M | 0:42:42 | 1962 |
| 112 | 101 | 463 | Kempeneers Senne | | Optima BBC | M | 0:42:50 | 1990 |
| 113 | 12 | 763 | Claes Marissa | Tessenderlo | - | V | 0:42:53 | 1983 |
| 114 | 102 | 473 | Vreys Niki | | - | M | 0:42:58 | 1975 |
| 115 | 103 | 474 | Salaets Koen | Westerlo | - | M | 0:42:58 | 1973 |
| 116 | 104 | 534 | Claes Joris | Antwerpen | - | M | 0:43:00 | 1975 |
| 117 | 105 | 666 | Vandecraen Kurt | Koersel | - | M | 0:43:02 | 1977 |
| 118 | 106 | 639 | Vermang Bart | Hasselt | - | M | 0:43:04 | 1981 |
| 119 | 107 | 667 | Ven Raf | Koersel | - | M | 0:43:06 | 1978 |
| 120 | 108 | 698 | Wouters ludo | Deurne-Diest | - | M | 0:43:07 | 1954 |
| 121 | 109 | 661 | Delsaerdt Ronny | Laakdal | - | M | 0:43:10 | |
| 122 | 110 | 603 | oris frank | Oud-turhout | - | M | 0:43:14 | 1963 |
| 123 | 13 | 579 | Cauberghs Linda | Deurne-Diest | Looise | V | 0:43:14 | 1971 |
| 124 | 111 | 586 | Claes Francis | Deurne-Diest | Frieslandcampina | M | 0:43:15 | 1966 |
| 125 | 14 | 637 | pelgrims nancy | schriek | - | V | 0:43:15 | 1963 |
| 126 | 112 | 484 | Nys Bert | Herselt | - | M | 0:43:16 | 1987 |
| 127 | 113 | 624 | keusters arwin | Tessenderlo | - | M | 0:43:30 | 1974 |
| 128 | 114 | 618 | Vounckx Dirk | Gelrode | - | m | 0:43:38 | 1962 |
| 129 | 115 | 533 | Simons Dominique | Diest | - | M | 0:43:40 | 1965 |
| 130 | 116 | 482 | Henrickx Stef | Vosselaar | - | M | 0:43:45 | 1997 |
| 131 | 15 | 599 | verboven inge | Diest | - | V | 0:43:49 | 1977 |
| 132 | 117 | 501 | Gilissen Bart | Beringen | - | M | 0:43:59 | 1975 |
| 133 | 16 | 591 | Vandeweyer Moni | Laakdal | - | V | 0:43:59 | 1964 |
| 134 | 118 | 502 | Poukens Bart | Ham | - | M | 0:44:05 | 1988 |
| 135 | 119 | 717 | Slegers Frank | Dessel | - | M | 0:44:16 | 1963 |
| 136 | 120 | 527 | Verbijlen Gust | Mol | Rikske | M | 0:44:21 | 1950 |
| 137 | 121 | 635 | Van den Broeck Stefan | Averbode | - | M | 0:44:22 | 1965 |
| 138 | 122 | 732 | Peeters Paul | Geel | - | M | 0:44:30 | 1969 |
| 139 | 123 | 629 | Pollet Kenneth | Beringen | - | M | 0:44:34 | 1985 |
| 140 | 124 | 458 | Renaux Maxime | | Optima BBC | M | 0:44:39 | 1994 |
| 141 | 125 | 471 | Delsaerdt Johnny | Laakdal | De Bosvrienden | M | 0:44:52 | 1958 |
| 142 | 126 | 607 | Meynckens Ronny | Aarschot | - | M | 0:45:09 | 1958 |
| 143 | 127 | 588 | Dekort Dirk | Laakdal | JMT Mol | M | 0:45:09 | 1964 |
| 144 | 128 | 587 | Van Rooy Gert | Laakdal | JMT Mol | M | 0:45:10 | 1967 |
| 145 | 129 | 691 | Gleeson Daniel | loemfontein Zuid-Afril | - | M | 0:45:16 | 1990 |
| 146 | 130 | 690 | Houben Stan | Hasselt | - | M | 0:45:16 | 1993 |
| 147 | 131 | 665 | Vrijs Rudi | Paal | - | M | 0:45:35 | 1959 |
| 148 | 132 | 686 | Willems Leo | Hasselt | - | M | 0:45:40 | 1963 |
| 149 | 133 | 595 | van rompaey andre | betekom | - | M | 0:45:40 | 1955 |
| 150 | 17 | 743 | Ausseloos Karine | Witsele | - | V | 0:45:40 | 1962 |
| 151 | 134 | 719 | Thaels Luc | Tessenderlo | - | M | 0:45:47 | 1962 |
| 152 | 135 | 747 | Van Hove Taieb | Laakdal | - | M | 0:46:02 | 1982 |
| 153 | 18 | 606 | Jonkers Nadine | Tessenderlo | - | V | 0:46:02 | 1973 |
| 154 | 136 | 748 | Van Mol Steven | Laakdal | - | M | 0:46:03 | 1980 |
| 155 | 19 | 555 | Schoonis Ann | Mol | JMT Mol | V | 0:46:04 | 1973 |
| 156 | 137 | 739 | Boets Ruben | Tienen | - | M | 0:46:06 | 1985 |

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| 157 | 20 | 687 | De Raedt Katrien | Diepenbeek | - | V | 0:46:08 | 1968 |
| 158 | 138 | 468 | Van Loy Kristof | Beverlo | De Bosvrienden | M | 0:46:22 | 1980 |
| 159 | 139 | 460 | Rombouts Hans | | Optima BBC | M | 0:46:25 | 1983 |
| 160 | 21 | 452 | Dirix Karolien | | - | V | 0:46:27 | |
| 161 | 140 | 479 | Clerckx Tim | Hechtel | - | M | 0:46:30 | 1981 |
| 162 | 141 | 680 | Claes Ivan | Lummen | - | m | 0:46:34 | 1968 |
| 163 | 142 | 633 | Nys Hans | Laakdal | - | M | 0:46:39 | 1968 |
| 164 | 143 | 589 | Reynders Mario | Laakdal | JMT Mol | M | 0:46:45 | 1965 |
| 165 | 144 | 695 | Verwimp Sam | Tessenderlo | - | m | 0:46:45 | 1996 |
| 166 | 145 | 572 | Troonen Roel | Lummen | - | M | 0:46:59 | 1982 |
| 167 | 22 | 632 | Deroye Evy | Linter | - | V | 0:46:59 | 1984 |
| 168 | 146 | 581 | Koekelkoren Bart | Hoegaarden | RC Tienen | M | 0:47:00 | 1973 |
| 169 | 147 | 646 | Luyten Guido | Laakdal | - | M | 0:47:13 | 1957 |
| 170 | 148 | 655 | De Cock Tom | Tervuren | - | M | 0:47:15 | 1973 |
| 171 | 149 | 647 | Verbauwen eric | Deurne-Diest | - | M | 0:47:16 | 1968 |
| 172 | 150 | 461 | Sterckx Yvo | Zichem | De Bosvrienden | M | 0:47:19 | 1950 |
| 173 | 151 | 764 | Thijssen Jo | Tessenderlo | - | M | 0:47:20 | 1982 |
| 174 | 152 | 1006 | Schellens Kenny | Tessenderlo | - | M | 0:47:22 | 1988 |
| 175 | 153 | 623 | van elven eddy | laakdal | - | M | 0:47:30 | 1963 |
| 176 | 23 | 664 | Dams Jill | Tessenderlo | - | V | 0:47:43 | 1985 |
| 177 | 24 | 723 | Strackx Kristine | Tessenderlo | - | V | 0:47:43 | 1986 |
| 178 | 154 | 543 | Roos Gert | Wilrijk | - | M | 0:47:45 | 1982 |
| 179 | 155 | 565 | Belien Ulric | Laakdal | - | M | 0:47:45 | 1971 |
| 180 | 156 | 514 | Sevenants Henri | Tessenderlo | Rikske | M | 0:47:53 | 1943 |
| 181 | 157 | 742 | Thijs Nick | Meerhout | - | M | 0:48:01 | 1987 |
| 182 | 158 | 604 | Vercammen Joeri | Noorderwijk | - | M | 0:48:03 | 1974 |
| 183 | 159 | 749 | Van Hove Johnny | Laakdal | - | M | 0:48:07 | 1950 |
| 184 | 160 | 668 | Van laerhoven Guy | Geel | - | M | 0:48:11 | 1972 |
| 185 | 25 | 610 | Bergen Nicole | Messelbroek | - | V | 0:48:12 | 1968 |
| 186 | 161 | 459 | Berger Dennis | | Optima BBC | M | 0:48:16 | 1994 |
| 187 | 26 | 580 | Dasque Roos | Kersbeek-Miskom | DCLA Halen | V | 0:48:17 | 1986 |
| 188 | 162 | 517 | Van de Weyer jos | Olmen | OVC Olmen | M | 0:48:18 | 1952 |
| 189 | 27 | 515 | Verlinde Kim | Hallaar | Heitse berglopers | V | 0:48:27 | 1985 |
| 190 | 28 | 332 | Peremans Lisa | Laakdal | - | V | 0:48:28 | 1993 |
| 191 | 163 | 524 | Bogemans Ludo | Lier | Rikske | M | 0:48:32 | 1956 |
| 192 | 29 | 730 | Vekemans Ellen | Booischoot | - | V | 0:48:36 | 1981 |
| 193 | 164 | 773 | Roppe Jeroen | Sint Jans Molenbeek | - | M | 0:48:47 | 1973 |
| 194 | 165 | 760 | Vranckx Filip | Diest | - | M | 0:48:48 | 1987 |
| 195 | 30 | 641 | Pollet Wendy | Bekkevoort | - | V | 0:48:50 | 1973 |
| 196 | 166 | 500 | Scheunders Stijn | Ham | - | M | 0:48:52 | 1977 |
| 197 | 31 | 619 | severyns kirsten | Tessenderlo | - | V | 0:48:56 | 1978 |
| 198 | 167 | 712 | Colhan luc | Ham | - | M | 0:48:58 | 1956 |
| 199 | 168 | 518 | Van Geel Hugo | Olmen | OVC Olmen | M | 0:49:00 | 1954 |
| 200 | 169 | 755 | Willems Roger | Houwaart | - | M | 0:49:09 | 1956 |
| 201 | 170 | 523 | Goris Marc | Vosselaar | ACB | M | 0:49:09 | 1964 |
| 202 | 32 | 522 | Clijmans Mia | Vorselaar | ACB | V | 0:49:09 | 1966 |
| 203 | 171 | 711 | Van Genechten Dirk | Tessenderlo | - | M | 0:49:17 | 1978 |
| 204 | 172 | 961 | Lievens Koen | Averbode | - | M | 0:49:19 | 1980 |
| 205 | 173 | 466 | Peeters Marc | Oevel | De Bosvrienden | M | 0:49:22 | 1952 |
| 206 | 174 | 334 | Swinnen Herman | Tessenderlo | Bosvrienden | M | 0:49:22 | 1957 |
| 207 | 175 | 731 | Moyaert Michiel | Haasrode | - | M | 0:49:25 | 1982 |
| 208 | 33 | 536 | Schorrewegen Elisabeth | Hallaar | Heitse berglopers | V | 0:49:28 | 1955 |

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| 209 | 34 | 770 | Pierreux An | Kumtich | - | V | 0:50:02 | 1972 |
| 210 | 35 | 549 | Larbie Ingrid | Heusden-Zolder | Frieslandcampina | V | 0:50:07 | 1968 |
| 211 | 176 | 547 | Bosmans Pascal | | Frieslandcampina | M | 0:50:08 | |
| 212 | 36 | 511 | Mols Martine | Vorselaar | Rikske | V | 0:50:28 | 1967 |
| 213 | 177 | 677 | Keyken Eddy | Tessenderlo | - | M | 0:50:33 | 1959 |
| 214 | 178 | 556 | Van Decraen Roger | Mol | JMT Mol | M | 0:50:35 | 1953 |
| 215 | 37 | 551 | Geyskens Linda | Mol | JMT Mol | V | 0:50:35 | 1967 |
| 216 | 179 | 462 | Corthals August | Tessenderlo | De Bosvrienden | M | 0:50:48 | 1950 |
| 217 | 38 | 704 | Laga Mieke | Tessenderlo | - | V | 0:50:54 | 1979 |
| 218 | 180 | 631 | Straetmans Gilbert | Booischoot | - | M | 0:51:05 | 1955 |
| 219 | 181 | 520 | Van Den Putte Eric | Heist Op Den Berg | Heistse berglopers | M | 0:51:05 | 1957 |
| 220 | 182 | 519 | Goovaerts Jef | Heist Op Den Berg | AVZK | M | 0:51:06 | 1951 |
| 221 | 183 | 714 | Coenen Stefan | Lummen | - | M | 0:51:07 | 1970 |
| 222 | 184 | 653 | Helsen Wim | Aarschoot | - | M | 0:51:09 | 1976 |
| 223 | 185 | 574 | Wouters Danny | Zichem | - | M | 0:51:14 | 1972 |
| 224 | 186 | 575 | Daenen Edwin | Diest | - | M | 0:51:14 | 1971 |
| 225 | 187 | 676 | Gijsemans Miche | Heist-op-den-Berg | - | M | 0:51:15 | 1958 |
| 226 | 188 | 636 | ivens edgard | gelrode | - | M | 0:51:42 | 1956 |
| 227 | 39 | 684 | Campsteyn Wendy | Paal | - | V | 0:51:59 | 1985 |
| 228 | 40 | 674 | Diepenryckx Wendy | Halen | - | V | 0:52:00 | 1974 |
| 229 | 41 | 513 | Didden Elianthe | Hamont-Achel | Rikske | V | 0:52:10 | 1956 |
| 230 | 42 | 716 | Theys Marlies | Mol | - | V | 0:52:16 | 1983 |
| 231 | 43 | 682 | Rombouts Marleen | Ham | - | V | 0:52:19 | 1978 |
| 232 | 44 | 622 | delabre gita | Beringen | - | V | 0:52:20 | 1984 |
| 233 | 45 | 703 | Vanderheyden Carmen | Ham | - | V | 0:52:27 | 1981 |
| 234 | 189 | 601 | vermeulen dirk | bilzen | - | M | 0:52:37 | 1982 |
| 235 | 46 | 600 | schreurs elke | lummen | - | V | 0:52:38 | 1982 |
| 236 | 190 | 605 | Van Eyck Gilbert | Herentals | - | M | 0:53:03 | 1947 |
| 237 | 47 | 728 | Feremans Marina | heist-goor | - | V | 0:53:03 | 1965 |
| 238 | 191 | 552 | Jansen Ruddy | Mol | JMT Mol | M | 0:53:05 | 1954 |
| 239 | 192 | 562 | Janssen Bruno | Mol | JMT Mol | M | 0:53:19 | 1959 |
| 240 | 48 | 905 | Phutthachong Noi | Mol | DCLA Halen | V | 0:53:19 | 1977 |
| 241 | 193 | 504 | Luypaerts Michel | Mol | JMT Mol | M | 0:53:21 | 1964 |
| 242 | 49 | 746 | Raepsaet Julie | Geel | - | V | 0:53:32 | 1986 |
| 243 | 50 | 657 | Voet Ann | Geel | - | V | 0:53:32 | 1971 |
| 244 | 194 | 744 | Heylighen Ludo | Wilsele | - | M | 0:53:34 | 1965 |
| 245 | 51 | 542 | De Wacter Carine | Keerbergen | GESHAA | V | 0:53:34 | 1961 |
| 246 | 195 | 593 | vleugels dirk | Ovl-waver | - | M | 0:53:35 | 1955 |
| 247 | 196 | 499 | Willekens Raf | Mol | - | M | 0:53:38 | 1957 |
| 248 | 197 | 497 | Hendrickx Ludo | Geel | - | M | 0:53:38 | 1956 |
| 249 | 52 | 498 | Lemmens Martine | Beringen | - | V | 0:53:38 | 1977 |
| 250 | 198 | 708 | Diliën Victor | Peer | - | m | 0:53:39 | 1949 |
| 251 | 53 | 553 | Moons Huguette | Zonhoven | JMT Mol | V | 0:53:46 | 1961 |
| 252 | 54 | 611 | Triau Marijke | Messelbroek | - | V | 0:53:53 | 1988 |
| 253 | 55 | 492 | Wynants Helga | Laakdal | De Bosvrienden | V | 0:53:54 | 1959 |
| 254 | 199 | 710 | Beernaert Mario | Tessenderlo | - | M | 0:53:56 | 1971 |
| 255 | 200 | 554 | Peeters Richard | Dessel | JMT Mol | M | 0:54:02 | 1984 |
| 256 | 56 | 550 | Curinckx Nocole | Balen | JMT Mol | V | 0:54:02 | 1961 |
| 257 | 57 | 729 | Wauben Sirie | Geel | - | V | 0:54:06 | 1992 |
| 258 | 201 | 539 | Verbist Rudy | Rotselaar | De Bosvrienden | M | 0:54:07 | 1957 |
| 259 | 58 | 538 | Maesen Els | Tessenderlo | De Bosvrienden | V | 0:54:08 | 1983 |
| 260 | 59 | 508 | Van den Dries Ann | Scherpenheuvel | De Bosvrienden | V | 0:54:27 | 1971 |

| Pl | Pl. Cat. | Bib | Naam | Woonplaats | Vereniging | M/V | Bruto | Geb Datum |
|-----|----------|-----|------------------------|-----------------|----------------|-----|---------|-----------|
| 261 | 60 | 757 | Willems Sarah | Zichem-Okselaar | - | V | 0:54:27 | 1986 |
| 262 | 202 | 669 | Haegdorens Nicky | Ham | - | M | 0:54:32 | 1987 |
| 263 | 203 | 736 | Coomans Michiel | leopoldsburg | - | M | 0:54:32 | 1987 |
| 264 | 61 | 752 | Caers Valerie | Ham | - | V | 0:54:33 | 1992 |
| 265 | 204 | 689 | Bortels Hugo | Zolder | - | M | 0:54:50 | 1955 |
| 266 | 62 | 759 | Luts Nathalie | Diest | - | V | 0:54:57 | 1991 |
| 267 | 63 | 566 | Van Roelen Viviane | Zelem(Halen) | DCLA Halen | V | 0:55:00 | 1960 |
| 268 | 205 | 658 | Goossens Koen | Geel | - | M | 0:55:06 | 1969 |
| 269 | 206 | 535 | Tuerlinckx Jean-Luc | Scherpenheuvel | Kapsalon Luc | M | 0:55:12 | 1959 |
| 270 | 64 | 576 | Taelman Annelore | Otegem | - | V | 0:55:19 | 1979 |
| 271 | 207 | 644 | Vanderspicken Fabrice | Tessenderlo | - | M | 0:55:27 | 1990 |
| 272 | 208 | 643 | Godelaine Kurt | Tessenderlo | - | M | 0:55:33 | 1987 |
| 273 | 209 | 537 | Daems Geert | Laakdal | - | M | 0:56:48 | 1965 |
| 274 | 65 | 715 | Nuyts Alexandra | Geel | - | V | 0:57:28 | 2002 |
| 275 | 66 | 725 | Gielis Ilse | Balen | - | V | 0:57:36 | 1966 |
| 276 | 67 | 762 | Peeters Liesbeth | Mol | - | V | 0:57:36 | 1973 |
| 277 | 68 | 721 | Delsaerdt Christine | Diest | - | V | 0:57:36 | 1962 |
| 278 | 210 | 568 | Holemans Paul | Wezemaal | Kapsalon Luc | M | 0:57:56 | 1946 |
| 279 | 69 | 767 | Thomas Hilde | Leuven | - | V | 0:58:08 | 1969 |
| 280 | 211 | 768 | Stoffelen Rudi | Tienen | - | M | 0:58:09 | 1966 |
| 281 | 212 | 597 | catry kurt | laakdal | - | M | 0:58:14 | 1976 |
| 282 | 213 | 741 | Boons Bert | leopoldsburg | - | M | 0:58:22 | 1987 |
| 283 | 70 | 738 | Timmermans Evy | leopoldsburg | - | V | 0:58:22 | 1989 |
| 284 | 214 | 570 | Vansteenkiste Patrick | Schriek | - | M | 0:59:44 | 1960 |
| 285 | 71 | 571 | Vanderstraeten Agnes | Ham | - | V | 1:00:18 | 1968 |
| 286 | 72 | 577 | Janssens Liliane | Beringen | - | V | 1:00:19 | 1971 |
| 287 | 73 | 750 | Smets Karen | Oostham | - | V | 1:00:39 | 1980 |
| 288 | 74 | 751 | Wouters Lize | Tessenderlo | - | V | 1:00:39 | 1992 |
| 289 | 215 | 573 | Lodts Tim | Tessenderlo | - | M | 1:01:12 | 1986 |
| 290 | 75 | 740 | Coomans Leila | Olmen | - | V | 1:01:52 | 1989 |
| 291 | 216 | 720 | Debroyer Peter | Diest | - | M | 1:03:31 | 1959 |
| 292 | 76 | 583 | Ceunen Helga | Herent | JC Veltem | V | 1:03:43 | 1963 |
| 293 | 217 | 561 | Oeyen Alfons | Laakdal | JMT Mol | M | 1:04:01 | 1947 |
| 294 | 218 | 560 | Willekens Herman | Balen | JMT Mol | M | 1:04:01 | 1960 |
| 295 | 77 | 557 | Van Der Auwera Marleen | Mol | JMT Mol | V | 1:04:01 | 1956 |
| 296 | 219 | 734 | Martens Tom | leopoldsburg | - | M | 1:05:10 | 1980 |
| 297 | 78 | 737 | Reynders Natacha | leopoldsburg | - | V | 1:05:10 | 1990 |
| 298 | 79 | 559 | Vervoort Maria | Mol | JMT Mol | V | 1:06:26 | 1955 |
| 299 | 80 | 558 | Van Hoof Nicole | Mol | JMT Mol | V | 1:06:26 | 1947 |
| 300 | 81 | 638 | van den broek elke | geel | - | V | 1:06:43 | 1976 |
| 301 | 220 | 472 | Segers Willy | Diest | De Bosvrienden | M | 1:07:18 | 1943 |
| 302 | 221 | 503 | Verluyten Frankie | Hoeselt | ADD | M | 1:14:22 | 1985 |
| 303 | 82 | 532 | Maerschallck Mariane | Wilrijk | - | V | 1:16:14 | 1987 |